

**Time**

<p><b>12pm – 1pm</b></p>	<p><b>Junior Chefs in Action</b> Join us as we kick off our seafood extravaganza with Junior Chef Winner from 2022, <b>Clodagh Walsh!</b> She'll demo a mouthwatering new Lobster dish and help judge the 2023 finalists alongside Dalkey Local and Busy Bee Cookery founder, <b>Bee Walsh.</b> Special guest, <b>Sean Munsanje</b> from FM104's The Juice, will drop by to add some extra sizzle to the stage. Don't miss this sprightly culinary showdown – you might even pick up a tip or two!</p>	
<p><b>1pm – 2pm</b></p>	<p><b>Best of the West: JP McMahon's Culinary Delights</b> Chef Restaurateur <b>JP McMahon</b> returns to the east from Galway with the best of the west! Experience the culinary wonders from the coastal regions as JP takes you on a gastronomic journey you won't soon forget!</p>	
<p><b>2pm – 3pm</b></p>	<p><b>From Ocean to Plate - the Art of Fin-tastic Filleting!</b> Get ready for an unforgettable experience as fishmonger extraordinaire, <b>Hal Dawson</b> returns to the Festival, with a fin-tastic filleting masterclass that's as entertaining as it is educational! Hal will be teaming up with top local chef <b>Leigh Doyle</b> from Fitzpatrick's Killiney Castle Mapas Restaurant who will be whipping up a delectable seafood dish to tantalize your taste buds and leave you craving for more!</p>	
<p><b>3pm – 4pm</b></p>	<p><b>Sustaining Gastronomy (in The Townhall)</b> A change in location now to The Townhall at The Heritage Centre for a sustainability-focused panel discussion! Restaurant owners and innovative waste providers will all share their secret recipes for reshaping the culinary landscape while combating food waste. Let's nurture taste and make waves for a greener future together!</p>	
<p><b>4pm – 5pm</b></p>	<p><b>Ciara Kelly's Culinary Heatwave</b> Newstalk's <b>Ciara Kelly</b> liked what she saw last year, and so she is back, turning up the heat in the kitchen! Join us for a sizzling cooking demonstration and take home some scorching culinary ideas! Chef de Cuisine at Ouzzos, <b>Raouf Djeflal</b>, will be right by her side to ignite our taste buds and create news headlines of our own!</p>	
<p><b>5pm – 6pm</b></p>	<p><b>Lobster Love with Derry &amp; Sallyanne Clarke</b> One of our favourite chefs, <b>Derry Clarke</b>, is ready to shell-abrate alongside his fabulous wife <b>Sallyanne.</b> They'll create a show-stopping lobster dish, perfect for dazzling your guests at a dinner party this autumn.... and watch out for a special visitor towards the end of the demo!</p>	

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<p><b>11am – 12pm</b></p>	<p><b>Festy Fitness Fun: Lobster Red Workout for a Cause!</b> Get ready to flex your claws and join the energetic Festy HIT Class with <b>Ivan Ray (Dalkey) Fitness!</b> Wear lobster-red. Bring water, and support ALONE's brilliant work in helping older people live well! For just €5, enjoy a dynamic fitness session that will leave you festival-ready. No experience needed—Ivan will guide you through the high-energy workout! 100% of proceeds support ALONE.</p>	
<p><b>12pm – 1pm</b></p>	<p><b>Flavourful Adventures with Arun and Sybil: A Lobster Culinary Journey</b> Prepare to set sail on a taste bud adventure as the charismatic chef and spice wizard, <b>Arun Kapil</b>, returns with an arsenal of seafood and spice! Editor of Evoke and local Dalkey enthusiast <b>Sybil Mulcahy</b> will join him. So, will it be Lobster Thermidor with a saffron shimmer or a spicy Lobster Curry to make your taste buds dance? Don't be shellfish – invite your loved ones to The Tramyard and indulge in a feast of flavours!</p>	
<p><b>1pm – 2pm</b></p>	<p><b>Historical Odyssey of the Lobster (in The Townhall): Unravelling the Culinary Heritage</b> Take a journey through time and unravel the lobster's captivating history. Our panellists will uncover its cultural significance, culinary heritage, and how it evolved from a humble sea creature to a delectable delicacy. Claw-some discussions await in The Townhall at The Heritage Centre!</p>	
<p><b>2pm – 3pm</b></p>	<p><b>Fishes Out of Water: Rugby-Style Chowder Challenge</b> Former rugby internationals <b>Shane Byrne</b> and <b>Fergus McFadden</b> take on this year's Chowder Challenge under the watchful eyes of The Voice of Dalkey <b>Barry Chadwick</b> and Head Coach of the Ireland U20s, <b>Richie Murphy</b>. Get ready for some rugby-style cooking and plenty of laughs – this is one lively session you won't want to miss!</p>	
<p><b>3pm – 4pm</b></p>	<p><b>Kerr to Cook, Keane to Dine Too!</b> Broadcasters, <b>Bobby Kerr</b>, and <b>Lorraine Keane</b> reunite for a lobster loveliness extravaganza! Prepare to be amazed as they whip up two masterpieces and sprinkle the event with their signature charm and banter. Get ready to taste the magic!</p>	
<p><b>4pm - 5pm</b></p>	<p><b>Cooking up a Culinary Storm with Bláthnaid and Chris!</b> Get set for a whirlwind of flavour as the multi-talented RTE Presenter, <b>Bláthnaid Ni Chofaigh</b>, and the culinary mastermind from The Dalkey Duck, <b>Chris Collins</b>, join forces! While Chris, having lived in Ireland for many years, has mastered his culinary arts, there's a fun twist - he's yet to master the "cúpla focal" But fear not! Beidh muid ag múineadh cúpla frása bia mara dó.</p>	